Pelvic Floor Impact Questionnaire - Short Form 7 (PFIQ-7)

Name _____ **Date of Birth** _____ **Today's Date**_____

Height _____ **ft.** _____ **in.**   **Weight**_____**lbs**.

Instructions: Some women find that bladder, bowel, or vaginal symptoms affect their activities, relationships, and feelings. For each question, check the response that best describes how much your activities, relationships, or feelings have been affected by your bladder, bowel and vaginal / pelvic symptoms or conditions **over the last 3 months.** Please be sure to mark an answer in **all 3 columns** for each question.

How do symptoms or conditions in the following usually affect your	*Bladder or Urine*	*Bowel or Rectum*	*Vagina or Pelvis*
1. Ability to do household chores (cooking, laundry housecleaning)?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
2. Ability to do physical activities such as walking, swimming, or other exercise?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
3. Entertainment activities such as going to a movie or concert?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
4. Ability to travel by car or bus for a distance greater than 30 minutes away from home?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
5. Participating in social activities outside your home?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
6. Emotional health (nervousness, depression, etc.)?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
7. Feeling frustrated?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
Summary Score: _____	UIQ-7: _____	CRAIQ-7: _____	POPIQ-7: _____